## REFLECTIONS

#### FROM A BOARD ROOM MIRROR.

The London County Council decided at a recent meeting to invite the Metropolitan Asylums Board to prepare a scheme of co-operation with the Council and other authorities in the establishment in London of an official ambulance service for street accidents. With the increased dangers of street traffic such a service has become absolutely necessary in London.

At the festival dinner held in support of the Great Northern Central Hospital, N., at the Whitehall Rooms, subscriptions were announced amounting to £7,488, which proves the hospital has many friends.

Building operations on the South London Hospital for Women, the new hospital on Clapham Common, which is to be staffed entirely by women members of the medical profession, will be begun in January. As soon as possible the hospital will be opened for the reception of patients.

Mrs. Spencer Stidolph has given £1,000 to the Dreadnought Hospital, Greenwich, to endow and name a bed in memory of her husband.

Sir William Tate, Bt., and Mr. Edwin Tate, J.P., have given £1,600 and £900 respectively, the estimated cost of a nurses' home in connection with the West Ham and Eastern General Hospital.

Mr. Sophus Simmelkjoer bequeathed £1,000 to Mrs. Picciau, "who saved my life by her careful nursing."

The new Central Branch of the Manchester Royal Infirmary is expected to be ready for occupation next February, but its building fund is still short of completion by about £10,500. An appeal for assistance is being issued on behalf of the Board of Management.

Scottish hospitals and others have had some most munificent legacies of late, and the benefactions of the late Dr. Gavin Paterson Tennent, Consulting Surgeon to the Western Infirmary, Glasgow, will result in a legacy of some £17,000 each for the Western Infirmary, the Royal Infirmary, the Victoria Infirmary, and the Royal Hospital for Sick Children, Glasgow. Middlesex Hospital had recently a windfall of £25,000.

## ROYAL RECOGNITION.

Before leaving Athens, the English nurses trained at St. Bartholomew's, St. Thomas's, University College Hospital, and the London Hospitals, whose work during the wars was so much appreciated, received a gift from Queen Sophia of Greece. The King of Greece and the Government intend later to bestow medals on all the nurses, in recognition of their devoted services to sick and wounded soldiers.

## SCOTT'S EMULSION.

One of the remedies upon which the greatest reliance is placed by the medical profession in wasting and certain other diseases, is cod liver oil. This in Scott's Emulsion is combined with triple distilled glycerine, and chemically-pure hypophosphites of lime and soda in a permanent and palatable emulsion, and prepared under ideal conditions by Messrs. Scott & Bowne, Ltd., roand II, Stonecutter Street, E.C. Those who are unable to take cod liver oil in its crude form often tolerate this refined preparation.

#### THE INDISPENSABLE GAS FIRE.

Summer—one of the most wonderful summers for many years—has been loth to leave us. But for all that wise virgins, and matrons also, will set their houses in order lest winter coming suddenly finds them unprepared. Now is the time to have gas fires relaid, and cleared of the debris which has accumulated during the past months. Or, should they not be already installed to have this done forthwith, wherever it is possible.

Nothing is a greater saving of time in a house than a gas fire. No grates to be cleaned, and fires to be laid in the morning, and a bright cheerful fire at command inside of five minutes, at any time night or day. No cleaning of flues and laborious work of lighting the kitchen range before hot water can be procured in the morning for early tea, and shaving purposes where a gas stove is installed. The turning of a tap, the application of a match, is all that is required, and the kettle is soon merrily singing, and an ample supply of hot water forthcoming. Above all the gas fire is the spinster's friend transforming an empty room into one that is cheery and cosy on her return home after the day's work.

# "THE PROOF OF THE EXPOSURE IS IN THE NEGATIVE."

The perfection of precision attained by Messrs. Burroughs Wellcome & Co., in all their undertakings is especially valuable in dealing with so delicate a subject as photography, and it is little wonder that the "Wellcome Photographic Exposure Record and Diary," costing in the British Isles only 1s., is in great demand as a Christmas gift. That for 1914, which is now ready, condenses within its pages clear, definite, and precise instructions on a very wide range of subjects. All the little wrinkles and dodges which long experience has taught the successful worker are here given in a manner which is a help to the beginner, and a useful reminder to the expert. On the subject of exposure, the book is the last word and the debatable subject of exposure calculating is debatable no longer if the "Wellcome" Exposure Calculator is used. "The proof of the exposure is in the negative." The Record and Diary can be obtained from all photographic dealers, and at all railway bookstalls.

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